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## BIOGRAPHICAL SKETCH

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NAME Mary T. Korytkowski, M.D.	POSITION TITLE Professor of Medicine		
eRA COMMONS USER NAME MTKORY			
EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE	MM/YY	FIELD OF STUDY
D'Youville College, Buffalo, NY	B.S.N.	1971	Nursing
Emory University, Atlanta, GA	M.N.	1976	Nursing
University of North Carolina, Chapel Hill, NC	M.D.	1982	Medicine

### A. Personal Statement

I have been a member of the faculty of the Division of Endocrinology at the University of Pittsburgh since 1989, where I have been continuously involved in clinical diabetes research that investigates contributors to insulin resistance in individuals with or at risk for type 2 diabetes as well as a focus on interventions that help to improve glycemic and metabolic control in patients with types 1 and 2 diabetes. I was a co-investigator in several large clinical trials related to diabetes care, including the *Bypass Angioplasty Revascularization Investigation in type 2 diabetes (BARI 2D)* and the Look AHEAD Study, a multicenter randomized clinical trial that examines the ability of a long term lifestyle intervention program in overweight and obese individuals with type 2 diabetes to influence cardiovascular outcomes.

### Positions and Honors

#### RESEARCH AND/OR PROFESSIONAL EXPERIENCE

1989 – 1995	Assistant Professor of Medicine, University of Pittsburgh, Department of Medicine
1992 – 2003	Medical Director, Pittsburgh Diabetes Center
1995 – 2003	Associate Professor of Medicine, University of Pittsburgh, Department of Medicine
1995 - 2006	Medical Director, University of Pittsburgh Center for Diabetes and Endocrinology
2003 – Present	Professor of Medicine, University of Pittsburgh, Department of Medicine
2012-	Interim Chief, Division of Endocrinology, University of Pittsburgh

#### HONORS

1976	Sigma Theta Tau, Honor Society
1976	Graduation with High Honors, Emory University, Atlanta, GA
1981	Heusner Pupil Award, University of North Carolina
1983	Rathburn Award, Francis Scott Key Medical Center, Baltimore, MD
1999	Distinguished Service Award, American Diabetes Association
2000 – 2013	America's Best Doctors for Endocrinology
2005	Golden Pen Award, National Association for Healthcare Quality
2009-2013	Best Doctors in America
2012	Best Doctors in America for Women
2013	Eugene Furth Lecturer East Carolina University Brodie School of Medicine

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### B. Publications 2004-2014

1. Zgibor JC, Rao H, Wesche-Thobaben J, Gallaher N, McWilliams J, Korytkowski MT. Improving the quality of diabetes care in primary care practice. *J Health Care Quality* 26(4):14-21, 2004.
2. Eid GM, Cottam DR, Velcu LM, Mattar SG, Korytkowski MT, Gosman G, Hindi P, Schauer PR: Effective treatment of polycystic ovarian syndrome with Roux-en-Y gastric bypass. *Surg Obesity and Related Diseases* 1:77-80, 2005.
3. Korytkowski MT, Krug EI, Daly, MA, DeRiso L, Wilson JW, Winters SJ. Does androgen excess contribute to the cardiovascular risk profile in postmenopausal women with type 2 diabetes? *Metabolism Clinical and Experimental* 54(12):1626-1631, 2005.
4. Donihi AC, DiNardo MM, DeVita MA, Korytkowski MT. Use of a standardized protocol to decrease medication errors and adverse events related to sliding scale insulin. *Qual Saf Health Care* 15:89-91, 2006.
5. Muldoon M, Mackey RH, Korytkowski M, Flory JD, Pollock BD, Manuck SB: The metabolic syndrome is associated with reduced central serotonergic responsivity in healthy community volunteers. *J Clin Endocrinol Metab* Feb 91(2): 718-721, 2006
6. Donihi AC, Raval D, Saul M, Korytkowski MT, DeVita MA. Prevalence and Predictors of Corticosteroid-Related Hyperglycemia in Hospitalized Patients. *Endocr Pract* Jul-Aug; 12(4): 358-362, 2006
7. Piatt G, Orchard T, Emerson S, Simmons D, Songer T, Brooks M, Korytkowski M, Siminerio L, Ahmad U, Zgibor J. Translating the chronic care model into the community: Results from a randomized controlled trial of a diabetes education intervention *Diabetes Care* 29(4):811-817, 2006.
8. Rea RS, Donihi AC, Bobeck M, Herout P, McKaveney T, Gill S, Korytkowski MT. Intravenous insulin infusion protocols in the intensive care unit: Implementation through multidisciplinary involvement. *Am J Health Syst Pharm* 64:385-395, 2007.
9. Gutelius BJ, Korytkowski MT, Carty SE, Hamad GG. Diagnosis and minimally invasive resection of an insulinoma: Report of an unusual case and review of the literature. *The American Surgeon* 73(5):520-524, 2007.
10. Sevick MA, Korytkowski M, Piraino B, Sereika S, Mihalko S, Zickmund S, Snetselaar L, Stumbo P, Hausmann L, Ren D, Marsh R, Sakraida T, Gibson J, Safaien M, Starrett TJ, Burke L. Design, feasibility, and acceptability of an intervention using personal digital assistant-based self-monitoring in managing type 2 diabetes.. *Contemporary Clinical Trials* 29(3):396-409, 2008.
11. Noschese M, Donihi A, Curll M, DiNardo M, Koerbel G, Karslioglu E, Banks T, **Korytkowski M**. The effect of a Diabetes Order Set on Glycaemic Management and Control in the hospital. *Qual Saf Health Care* 17(6):464-468, 2008
12. **Korytkowski MT**, Salata RJ, Koerbel GL, Selzer S, Karslioglu E, Idriss AM, Lee KKW, Moser AJ, Toledo FGS. Insulin Therapy and Glycemic Control in Hospitalized Patients with Diabetes during Enteral Nutrition Therapy: A Randomized Controlled Clinical Trial. *Diabetes Care* 32:594-596, 2009. .(PMID 19336639)
13. Lauster CD, Gibson JM, DiNella JV, DiNardo M, **Korytkowski MT**, Donihi. An Implementation of Standardized Instructions for Insulin at Hospital Discharge. *J Hosp Med* 4(8):E41-42, 2009.
14. Pop-Busui, R, Lombardero M, Lavis V, Forker A, Green J, **Korytkowski M**, Sobel BE, Jones TLZ, and the BARI 2D Study Group. Relation of Severe Coronary Artery Narrowing to Insulin or Thiazolidinedione Use in Patients with Type 2 Diabetes Mellitus (From the Bypass Angioplasty Revascularization Investigation 2 Diabetes Study). *American Journal of Cardiology* 104(1):52-58, 2009.(PMID 19576321)
15. Noschese ML, DiNardo MM, Donihi AC, Gibson JM, Koerbel GL, Saul M, Stefanovic-Racic M, **Korytkowski MT**. Patient Outcomes Following Implementation of a Protocol for Inpatient Insulin Pump Therapy. *Endocrine Practice* 15(5):415-424, 2009. .(PMID 19454384)
16. Blank GE, **Korytkowski MT**, Virji MA. Computerized Model of Bedside Glucose Monitoring Contributes to the Successful Implementation of an Inpatient Diabetes Management Program in a University Hospital. *Point of Care* 8(3):1-5, 2009 (Article POC200170).
17. Piatt G., Anderson, R, Brooks, M., Songer T., Siminerio L., **Korytkowski, M.**, Zgibor J. 3-Year Follow-up of Clinical and Behavioral Improvements Following a Multifaceted Diabetes Care Intervention: Results of a Randomized Controlled Trial. *The Diabetes Educator*, 36(2); 301, 2010 (DOI: 10.1177/0145721710361388).

18. Piatt GA, Songer TJ, Brooks MM, Anderson RM, Simmons D, Orchard TJ, Siminerio LM, **Korytkowski, MT**, Zgibor JC. Impact of patient level factors on the improvement of the ABCs of diabetes. *Patient Educ Couns*, 82(2):266-270, 2011. UI: 20200284
19. Sevick MA, Stone RA, Zickmund S, Wang Y, Korytkowski M, Burke LE. Factors Associated with probability of personal digital assistant-based dietary self-monitoring in those with type 2 diabetes. *Journal of Behavioral Medicine*. *J Behav Med*. 2010 Aug;33(4):315-25.(PMID 20232131)
20. Curll M, DiNardo M, Noschese M, **Korytkowski MT**. Menu Selection, Glycaemic Control, Satisfaction with Standard and Patient-Controlled Consistent Carbohydrate Meal Plans in Hospitalized Patients with Diabetes. *Qual Saf Health Care* 19:355-359, 2010. (PMID 20693224)  
  
(Discussed on AHRQ website: <http://www.innovations.ahrq.gov/content.aspx?id=3004>)
21. DiNardo MM, Donihi AC, Forte P, Bettencourt L, **Korytkowski M**. Standardized glycemic management improves peri-operative glycemic outcomes in same day surgery patients with diabetes. *Endocrine Practice* 2011 17(3):404-411 PMID: 21247843.
22. **Korytkowski M**, Moghissi E, Umpierrez G. Intensive Insulin Therapy in Hospitalized Patients (Letter to the Editor). *Annals of Internal Medicine* 154(12):846, 2011
23. Donihi AC, Gibson JM, Noschese M, DiNardo M, Koerbel G, Curll M, **Korytkowski MT**. Effect of a Targeted Glycemic Management Program on Provider Response to Inpatient Hyperglycemia *Endocrine Practice* 2011 17(4):552-557(PMID: 21454237).
24. Blank GE, **Korytkowski MT**, Virji MA. Application of a Computer-Based Surveillance Program for Multidrug-Resistant Organisms in Tandem With Glycemia Management Through a Point-of-Care Glucose Testing Protocol. *Pointe of Care* 9(4): 199-205, 2010 (ISSN: 1533-029X).
25. Meyer ML, Malek AM, Wild RA, **Korytkowski MT**, Talbott EO. Carotid artery intima-media thickness in polycystic ovary syndrome: a systematic review and meta-analysis. *Human Reproduction Update* 18(2):112-126, 2012. PMID:22108382
26. **Korytkowski MT**, Orenstein D, Zimmer S. Not only an introduction but also a reminder. *Academic Medicine* 87(8):1083, 2012. PMID: 22827987
27. Desimone ME, Blank G, Virji M, Donihi A, DiNardo M, Simak D, Buranosky R, **Korytkowski MT**. Effect of an Educational Inpatient Diabetes Management Program on Medical Resident Knowledge and Measures of Glycemic Control: A randomized controlled trial. *Endocrine Practice* 18:238-249, 2012. PMID: 22440993
28. Lowery JB, Donihi AC, **Korytkowski MT**. U-500 Insulin as a Component of Basal Bolus Insulin Therapy in Type 2 Diabetes. *Diabetes Technology and Therapeutics* 14(6):505-507, 2012. PMID:22364143
29. Sevick MA, **Korytkowski M**, Stone RA, Piraino B, Ren D, Sereika S, Wang Y, Steenkiste A, Burke LE. (2012). Biophysiologic Outcomes of the Enhancing Adherence in Type 2 Diabetes (ENHANCE) Trial. *Journal of the Academy of Nutrition and Dietetics*. 112(8):1147-57, 2012 PMID:22818724
30. Deussenberry CM, Coley KC, **Korytkowski MT**, Donihi AC. Hypoglycemia in Hospitalized Patients Treated with Sulfonylureas. *Pharmacotherapy* 2012;32:613-617. PMID:22570146
31. Magaji V, Nayak S, Donihi AC, Willard L, Jampana,S, Parachur N, Eder RA, Johnston J, **Korytkowski MT**. Comparison of insulin infusion protocols targeting 110-140 mg/dl in patients after cardiac surgery. *Diabetes Technology and Therapeutics* 14(11):1013-17, 2012.
32. Chasens, E. R. **Korytkowski, M**, Sereika, S. M., Burke, L. E. (2012). Effect of Poor Sleep Quality and Excessive Daytime Sleepiness on Factors Associated with Diabetes Self-Management. *The Diabetes Educator*. 39(1):74-82, 2013 PMID: 23192600
33. Hawkins K, Donihi AC, **Korytkowski MT**. Glycemic management in medical and surgical patients in the non-ICU setting. *Current Diabetes Reports*. 13(1):96-106, 2013 Feb. UI:23100037 PMID:23100037

34. Tamis-Holland JE, Lu J, **Korytkowski M**, Magee M, Rogers WJ, Lopes N, Mighton L, Jacobs AK, Group BARI 2D Study Group. 2013 Sex differences in presentation and outcome among patients with type 2 diabetes and coronary artery disease treated with contemporary medical therapy with or without prompt revascularization: a report from the BARI 2D Trial (Bypass Angioplasty Revascularization Investigation 2 Diabetes). *Journal of the American College of Cardiology* 61:1767-1776.
35. Umpierrez G, **Korytkowski M**. Point-Counterpoint: Counterpoint - Is Incretin Based Therapy ready for the Care of hospitalized Type 2 diabetic patients. *Diabetes Care* 36(7):2112-7. PMID: 23801801
36. Chasens, E. R., **Korytkowski, M.**, Sereika, S. M., Burke, L. E., Drumheller, O. J., Stollo, P. J. (2013). Improving activity in adults with diabetes and coexisting obstructive sleep apnea. *Western Journal of Nursing Research*. 2014 36, 294-311. PMID:23976778
37. **Korytkowski MT**, Koerbel GL, Kotagal L, Donihi A, DiNardo MM. Pilot trial of diabetes self-management education in the hospital setting, *Primary Care Diabetes*.(2013), <http://dx.doi.org/10.1016/j.pcd.2013.11.008>
38. Nayak S, Magaji V, Donihi AC, Willard L, Jampana S, Nivedita P, Eder R, Johnston J, **Korytkowski M**. Efficacy and Safety of Continuous Insulin Infusion Protocols with Glycemic Targets of 110-140 mg/dL in Patients with and without Diabetes Following Cardiac Surgery. (*in press J Diabetes Science and Technology March 2014*)
39. Snyder ML, Shields KJ, **Korytkowski MT**, Sutton-Tyrrell K, Talbott EO. Complement protein C3 and coronary artery calcium in middle-aged women with and without polycystic ovary syndrome. (*in press Gynecological Endocrinology 2014*).
40. Chasens, E. R., Sereika, S. M., Burke, L. E., Stollo, P. J., **Korytkowski, M.** (2013). Sleep, quality of life, and functional outcomes in adults with diabetes. (*in press Applied Nursing Research February 2014*).

#### **Committee/Task Force Publications**

1. American College of Endocrinology and American Diabetes Association consensus statement on inpatient diabetes and glycemic control. *Endocrine Practice*. 2006 Jul-Aug;12(4):458-68.
2. American College of Endocrinology and American Diabetes Association Consensus statement on inpatient diabetes and glycemic control: A call to action. *Diabetes Care*. 2006 Aug;29(8):1955-62.
3. Standards of medical care in diabetes--2007. *Diabetes Care*. 2007 Jan;30 Suppl 1:S4-S41.
4. Standards of medical care in diabetes--2008. *Diabetes Care*. 2008 Jan;31 Suppl 1:S12-S54.
5. Standards of medical care in diabetes--2009. *Diabetes Care*. 2009 Jan;32 Suppl 1:S13-S61.
6. Moghissi ES, **Korytkowski MT**, DiNardo M, Einhorn D, Hellman R, Hirsch IB, Inzucchi SE, Ismail-Beigi F, Kirkman MS, Umpierrez GE. AACE/ADA Consensus statement on inpatient glycemic control. *Endocrine Practice* 15(4):353-369, 2009.
7. Moghissi ES, **Korytkowski MT**, DiNardo M, Einhorn D, Hellman R, Hirsch IB, Inzucchi SE, Ismail-Beigi F, Kirkman MS, Umpierrez GE. AACE/ADA Consensus statement on inpatient glycemic control. *Diabetes Care* 32(6):1119-1131, 2009.
8. Umpierrez GE, Hellman R, **Korytkowski MT**, Kosiborod M, Maynard GA, Montori VM, Seley JJ, Van den Berghe G. Management of Hyperglycemia in Hospitalized Patients in Non-critical Care Setting: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab* 97:16-40, 2012
9. **Korytkowski M**, McDonnell ME, Umpierrez GE, Zonszein J. Patient guide to managing hyperglycemia (high blood sugar) in the hospital. *J Clin Endocrinol Metab*. 2012 Jan;97(1):16-38.
10. Kirkman MS, Briscoe VJ, Clark N, Florez H, Haas LB, Halter JB, Huang ES, **Korytkowski MT**, Munshi MN, Odegaard PS, Pratley RE, Swift CS. Diabetes in Older Adults:Consensus Report. *Diabetes Care* 35(12)2650-64, 2012.
11. Kirkman MS, Briscoe VJ, Clark N, Florez H, Haas LB, Halter JB, Huang ES, **Korytkowski MT**, Munshi MN, Odegaard PS, Pratley RE, Swift CS. Diabetes in Older Adults:Consensus Report *Journal of the American Geriatrics Society* 60(12):2342-56, 2012.

12. Draznin B, Gilden J, Golden SH, Inzucchi SE, for the PRIDE investigators. Pathways to Quality Inpatient Management of Hyperglycemia and Diabetes: A Call to Action. *Diabetes Care* 36:1807-14, 2013.

### **Multicenter Trials**

1. Skyler JS, Weinstock RS, Raskin P, Yale JF, Barrett E, Gerich J, Gerstein HC: Use of Inhaled Insulin in a Basal/Bolus Insulin Regimen in Type 1 Diabetic Subjects. *Diabetes Care* 28(7):1630-1635, 2005.
2. Brooks MM, Barsness G, Chaitman B, Chung S-C, Faxon D, Feit F, Frye R, Genuth S, Green J, Hlatky M, Kelsey S, Kennedy F, Krone R, Nesto R, Orchard T, O'Rourke R, Rihal C, Tardif J-C. The BARI 2D Study Group. Baseline characteristics of patients with diabetes and coronary artery disease enrolled in the Bypass Angioplasty Revascularization Investigation 2 Diabetes (BARI 2D) trial. *Am Heart J* 156(3):528-536, 2008.
3. The BARI 2D Study Group. A randomized trial of therapies for type 2 diabetes and coronary artery disease. *N Engl J Med*. 360:2503-2515, 2009.
4. Look AHEAD Research Group, Wing RR. Long-term Effects of a Lifestyle Intervention on Weight and Cardiovascular Risk Factors in Individuals With Type 2 Diabetes Mellitus. *Four-Year Results of the Look AHEAD Trial*. *Arch Int Med* 27:1566-1575, 2010.
5. Look AHEAD Research Group, Wing RR, Bolin P, Brancati FL, Bray GA, Clark JM, Coday M, Crow RS, Curtis JM, Egan CM, Espeland MA, Evans M, Foreyt JP, Ghazarian S, Gregg EW, Harrison B, Hazuda HP, Hill JO, Horton ES, Hubbard VS, Jakicic JM, Jeffery RW, Johnson KC, Kahn SE, Kitabchi AE, Knowler WC, Lewis CE, Maschak-Carey BJ, Montez MG, Murillo A, Nathan DM, Patricio J, Peters A, Pi-Sunyer X, Pownall H, Reboussin D, Regensteiner JG, Rickman AD, Ryan DH, Safford M, Wadden TA, Wagenknecht LE, West DS, Williamson DF, Yanovski SZ. Cardiovascular effects of intensive lifestyle intervention in type 2 diabetes. *N Engl J Med*. 2013 Jul 11;369(2):145-54. PMID: 23796131.

### **Book Chapters, Invited Articles, and Reviews:**

1. DiNardo M, Donihi AC, DeVita M, Siminerio L, Rao H, Korytkowski M: A nurse-directed protocol for recognition and treatment of hypoglycemia in hospitalized patients. *Practical Diabetology* 24:37-44, March 2005.
2. Korytkowski MT, DiNardo M, Donihi AC, Bigi L, DeVita M. Evolution of a Diabetes Inpatient Safety Committee. *Endocrine Pract* Jul-Aug; 12(Suppl 3): 91-99, 2006.
3. DiNardo MM, Noschese M, Korytkowski MT, Freeman S. The Medical Emergency Team and Rapid Response System: Finding, Treating and Preventing Hypoglycemia. *Jt Comm J Qual Patient Safety* 32 (10) 591-595, 2006.
4. Korytkowski M. Can simple treatment protocols improve the management of hyperglycemia in hospitalized patients? Practice Point. *Nature Clinical Practice Endocrinology and Metabolism* 3(4):328-329, 2007.
5. Korytkowski M, Kuffner HA. Thyroid Disease, In Primary Care in Obstetrics and Gynecology. *A Handbook for Clinicians*, 2<sup>nd</sup> Ed. 449-465, 2007.
6. Salata R, Korytkowski M. How is Diabetes Different in Women? *The Female Patient*. 34(10):1-4, October 2009.
7. Reider J, Donihi A, Korytkowski M. Practical Implications of the revised guidelines for inpatient glycemic control. *Polish Archives of Internal Medicine* 119(12):801-809, 2009
8. Korytkowski M. Treatment Options for Safely Achieving Glycemic Targets in the Hospital. *ACP Hospitalist* (Suppl):pp 15-23, December 2009.
9. Korytkowski M. Perioperative glucose management. *Diabetes, Obesity, and Metabolism* 12: Suppl 1):16-17, 2010.
10. Greenspan SL, Korytkowski M, Resnick NM. Geriatric Endocrinology (Chapter 23) in *Greenspan's Basic and Clinical Endocrinology 9<sup>th</sup> Edition*. Editors: David G. Gardner and Dolores Shoback. Publisher McGraw Hill, pp 737-762, 2011.
11. Reider J, Korytkowski M. The adjectives of inpatient Glycemic Management. *Current Diabetes Reports* 12(1):1-3, 2012. PMID: 22160943

12. Korytkowski M. Insulin Management of Diabetes. In *Endocrine Essentials: Endocrine Update for General Medicine* (Bradley D. Anawalt, Editor). Publisher The Endocrine Society, Chevy Chase MD. 2012.
13. Korytkowski M. Book Review: Johns Hopkins Diabetes Guide: Treatment and Management of Diabetes. *JAMA* 307:2548, 2012.
14. Hawkins K, Donihi AC, Korytkowski MT. Glycemic management in medical and surgical patients in the non-ICU setting. *13(1):96-103*, 2013.
15. Korytkowski M. Diabetes and Aging. *Diabetes Spectrum* 26:3, 2013.
16. Hussain M, Korytkowski M. Type 1 Diabetes In Developing Countries. *ADA/JDRF Sourcebook for Type 1 Diabetes*, edited by Drs. Anne Peters and Lori Laffel. Atlas in Type 1 Diabetes. Publishers: ADA/JDRF, 2013.
17. Hawkins K, Korytkowski M. Inpatient Management of Type 1 Diabetes. *ADA/JDRF Sourcebook for Type 1 Diabetes*, edited by Drs. Anne Peters and Lori Laffel. Publishers: ADA/JDRF, 2013.
18. **Korytkowski M.** Diabetes and Aging. *Diabetes Spectrum* 26:3, 2013.
19. **Korytkowski MT.** Hypoglycemia in patients with non-critical illness in the hospital setting. *Diabetes Hypoglycemia*. 6(2):3-8, 2013.
20. **Korytkowski M.** Inpatient Management of Diabetes: Controversies and Guidelines (in press *India Journal of Endocrinology* 2013).
21. **Korytkowski M.** Lessons from the Look AHEAD Study. *Indian Journal of Endocrinology and Metabolism*. 17(Suppl 3):S650-S653, 2013.

#### D. Research Support.

U01 DK057002

(PI: Jakicic)

8/1/08 – 12/31/14

9/1/2013-7/31/15

NIH-NIDDK

Look AHEAD (Action For Health in Diabetes)

Look AHEAD is a multicenter randomized clinical trial that will examine the effects of a lifestyle intervention designed to achieve and maintain weight loss over the long term through decreased caloric intake and exercise.

Role: Co-Investigator 5% effort

R01 DK095780

PI: Helgeson (PI)

9/1/12—6/30/17

Links of Communal Coping in Couples with Diabetes to Self-Care Behavior

The goals of the study are to determine whether communal coping in couples is related to better mental health, higher self-efficacy, better self-care behaviors, and indices of good physical health concurrently and over 6 months among patients who are newly diagnosed with type 2 diabetes. We also expect to examine whether the above relations depend on sex and ethnicity.

Role: Co-Investigator

5% effort

PI: Eileen R. Chasens

Role: Co-Investigator

% Effort: Budgeted at 1.2 months Year 01-02, 0.9 Year 03-04, 1.2 months Year 05

NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE AND KIDNEY DISEASES

Project Period Begin Date:

04/01/2013

Project Period End Date:

03/31/2018

1R01DK096028-01A1 The Effect of Treatment of OSA on Diabetes Self-Management and Glycemic Control

The purpose of this study is to examine if treatment of obstructive sleep apnea with continuous positive airway pressure (CPAP), combined with diabetes education, results in improved diabetes self-management and glucose control.